

Januar 31 Tage		Weihnachtsferien Wettingen 24.12.2016 – 08.01.2017							2017		
Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag					
26 Dezember	27 Dezember	28 Dezember	29 Dezember	30 Dezember	31 Dezember	1					
2	3	4	5	6	7	8	Ende Weihnachtsferien 24.12.16 – 08.01.2017				
9 19.30-21.00 Körpergeschichten	10	11 18.00–19.00 Tai Chi Praxis 19.15-20.15 Tai Chi Form 20.30-22.00 Bauchtanz	12 09.15-10.15 Tai Chi Form 18.00-19.00 Tai Chi Teil 2 19.15-20.30 Tai Chi Praxis	13 19.30-21.00 Yoga	14	15 19.30-21.00 Yoga Level II 21.00-21.30 Stille Meditation					
16 19.30-21.00 Körpergeschichten	17	18 18.00–19.00 Tai Chi Praxis 19.15-20.15 Tai Chi Form 20.30-22.00 Bauchtanz	19 09.15-10.15 Tai Chi Form 18.00-19.00 Tai Chi Teil 2 19.15-20.30 Tai Chi Praxis	20 19.30-21.00 Yoga	21	22 19.30-21.00 Yoga Level II 21.00-21.30 Stille Meditation					
23 19.30-21.00 Körpergeschichten	24	25 18.00–19.00 Tai Chi Praxis 19.15-20.15 Tai Chi Form 20.30-22.00 Bauchtanz	26 09.15-10.15 Tai Chi Form 18.00-19.00 Tai Chi Teil 2 19.15-20.30 Tai Chi Praxis	27 19.30-21.00 Yoga	28	29 19.30-21.00 Yoga Level II 21.00-21.30 Stille Meditation					
30 19.30-21.00 Körpergeschichten	31										

März 31 Tage											2017							
Montag		Dienstag		Mittwoch			Donnerstag			Freitag			Samstag			Sonntag		
				1			2			3			4			5		
				18.00–19.00 Tai Chi Praxis 19.15-20.15 Tai Chi Form 20.30-22.00 Bauchtanz			09.15-10.15 Tai Chi Form 18.00-19.00 Tai Chi Teil 2 19.15-20.30 Tai Chi Praxis			19.30-21.00 Yoga						09.15-10.15 Tai Chi Tao Mas. 19.30-21.00 Yoga Level II 21.00-21.30 Stille Meditation		
6		7		8			9			10			11			12		
19.30-21.00 Körpergeschichten		19.00-21.30 MBSR		18.00–19.00 Tai Chi Praxis 19.15-20.15 Tai Chi Form 20.30-22.00 Bauchtanz			09.15-10.15 Tai Chi Form 18.00-19.00 Tai Chi Teil 2 19.15-20.30 Tai Chi Praxis			19.30-21.00 Yoga						19.30-21.00 Yoga Level II 21.00-21.30 Stille Meditation		
13		14		15			16			17			18			19		
19.30-21.00 Körpergeschichten		19.00-21.30 MBSR		18.00–19.00 Tai Chi Praxis 19.15-20.15 Tai Chi Form 20.30-22.00 Bauchtanz			09.15-10.15 Tai Chi Form 18.00-19.00 Tai Chi Teil 2 19.15-20.30 Tai Chi Praxis			19.30-21.00 Yoga						19.30-21.00 Yoga Level II 21.00-21.30 Stille Meditation		
20		21		22			23			24			25			26		
19.30-21.00 Körpergeschichten		19.00-21.30 MBSR		18.00–19.00 Tai Chi Praxis 19.15-20.15 Tai Chi Form 20.30-22.00 Bauchtanz			09.15-10.15 Tai Chi Form 18.00-19.00 Tai Chi Teil 2 19.15-20.30 Tai Chi Praxis			19.30-21.00 Yoga						19.30-21.00 Yoga Level II 21.00-21.30 Stille Meditation		
27		28		29			30			31								
19.30-21.00 Körpergeschichten		19.00-21.30 MBSR		18.00–19.00 Tai Chi Praxis 19.15-20.15 Tai Chi Form 20.30-22.00 Bauchtanz			09.15-10.15 Tai Chi Form 18.00-19.00 Tai Chi Teil 2 19.15-20.30 Tai Chi Praxis			19.30-21.00 Yoga								

April 30 Tage		Frühlingsferien Wettingen 08.04.2017 – 23.04.2017							2017	
Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag				
					1	2 09.15-10.15 Tai Chi Tao Mas. 19.30-21.00 Yoga Level II 21.00-21.30 Stille Meditation				
3 19.30-21.00 Körpergeschichten	4 19.00-21.30 MBSR	5 18.00–19.00 Tai Chi Praxis 19.15-20.15 Tai Chi Form 20.30-22.00 Bauchtanz	6 09.15-10.15 Tai Chi Form 18.00-19.00 Tai Chi Teil 2 19.15-20.30 Tai Chi Praxis	7 19.30-21.00 Yoga	8 Beginn Frühlingsferien 08.04.2017 – 23.04.2017		9 19.30-21.00 Yoga Level II 21.00-21.30 Stille Meditation			
10 19.30-21.00 Körpergeschichten	11 19.00-21.30 MBSR	12 18.00–19.00 Tai Chi Praxis 19.15-20.15 Tai Chi Form 20.30-22.00 Bauchtanz	13 09.15-10.15 Tai Chi Form 18.00-19.00 Tai Chi Teil 2 19.15-20.30 Tai Chi Praxis	14 Karfreitag 19.30-21.00 Yoga	15 Ostern		16 Ostern			
17 Ostermontag 19.30-21.00 Körpergeschichten	18 18.00–21.00 Yoga	19 18.00–19.00 Tai Chi Praxis 19.15-20.15 Tai Chi Form 20.30-22.00 Bauchtanz	20 09.15-10.15 Tai Chi Form 18.00-19.00 Tai Chi Teil 2 19.15-20.30 Tai Chi Praxis	21 19.30-21.00 Yoga	22		23 Ende Frühlingsferien 08.04.2017 – 23.04.2017			
24 19.30-21.00 Körpergeschichten	25 18.00–21.00 Yoga	26 18.00–19.00 Tai Chi Praxis 19.15-20.15 Tai Chi Form 20.30-22.00 Bauchtanz	27 09.15-10.15 Tai Chi Form 18.00-19.00 Tai Chi Teil 2 19.15-20.30 Tai Chi Praxis	28 19.30-21.00 Yoga	29		30 19.30-21.00 Yoga Level II 21.00-21.30 Stille Meditation			

Juli 31 Tage		Sommerferien Wettingen 08.07.2017 – 13.08.2017							2017		
Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag					
					1	2			17.30-19.00	Yoga	Level I
									19.30-21.00	Yoga	Level II
									21.00-21.30	Stille Meditation	
3	4	5	6	7	8 Beginn Sommerferien 08.07.2017 – 13.08.2017	9			17.30-19.00	Yoga	Level I
19.30-21.00 Körpergeschichten	18.00–21.00 Yoga	18.00–19.00 Tai Chi Praxis 19.15-20.15 Tai Chi Form 20.30-22.00 Bauchtanz	09.15-10.15 Tai Chi Form 18.00-19.00 Tai Chi Teil 2 19.15-20.30 Tai Chi Praxis	19.30-21.00 Yoga					19.30-21.00	Yoga	Level II
									21.00-21.30	Stille Meditation	
10	11	12	13	14	15	16			17.30-19.00	Yoga	Level I
19.30-21.00 Körpergeschichten	18.00–21.00 Yoga	20.30-22.00 Bauchtanz		19.30-21.00 Yoga					19.30-21.00	Yoga	Level II
									21.00-21.30	Stille Meditation	
17	18	19	20	21	22	23			17.30-19.00	Yoga	Level I
19.30-21.00 Körpergeschichten	18.00–21.00 Yoga	20.30-22.00 Bauchtanz		19.30-21.00 Yoga					19.30-21.00	Yoga	Level II
									21.00-21.30	Stille Meditation	
24	25	26	27	28	29	30			17.30-19.00	Yoga	Level I
19.30-21.00 Körpergeschichten	18.00–21.00 Yoga	20.30-22.00 Bauchtanz		19.30-21.00 Yoga					19.30-21.00	Yoga	Level II
									21.00-21.30	Stille Meditation	
31											

August 31 Tage 2017						
Sommerferien Wettingen 08.07.2017 – 13.08.2017						
Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag
	1 Nationalfeiertag 18.00–21.00 Yoga	2 20.30-22.00 Bauchtanz	3	4 19.30-21.00 Yoga	5	6 17.30-19.00 Yoga Level I 19.30-21.00 Yoga Level II 21.00-21.30 Stille Meditation
7 19.30-21.00 Körpergeschichten	8 18.00–21.00 Yoga	9 20.30-22.00 Bauchtanz	10	11 19.30-21.00 Yoga	12	13 Ende Sommerferien 08.07.2017 – 13.08.2017 17.30-19.00 Yoga Level I 19.30-21.00 Yoga Level II 21.00-21.30 Stille Meditation
14 19.30-21.00 Körpergeschichten	15 18.00–21.00 Yoga	16 18.00–19.00 Tai Chi Praxis 19.15-20.15 Tai Chi Form 20.30-22.00 Bauchtanz	17 09.15-10.15 Tai Chi Form 18.00-19.00 Tai Chi Teil 2 19.15-20.30 Tai Chi Praxis	18 19.30-21.00 Yoga	19	20 09.15-10.15 Tai Chi Tao Mas. 17.30-19.00 Yoga Level I 19.30-21.00 Yoga Level II 21.00-21.30 Stille Meditation
21 19.30-21.00 Körpergeschichten	22 18.00–21.00 Yoga	23 18.00–19.00 Tai Chi Praxis 19.15-20.15 Tai Chi Form 20.30-22.00 Bauchtanz	24 09.15-10.15 Tai Chi Form 18.00-19.00 Tai Chi Teil 2 19.15-20.30 Tai Chi Praxis	25 19.30-21.00 Yoga	26	27 17.30-19.00 Yoga Level I 19.30-21.00 Yoga Level II 21.00-21.30 Stille Meditation
28 19.30-21.00 Körpergeschichten	29 18.00–21.00 Yoga	30 18.00–19.00 Tai Chi Praxis 19.15-20.15 Tai Chi Form 20.30-22.00 Bauchtanz	31 09.15-10.15 Tai Chi Form 18.00-19.00 Tai Chi Teil 2 19.15-20.30 Tai Chi Praxis			

September 30 Tage							2017
Herbstferien Wettingen 30. September 2017 – 15. Oktober 2017							
Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag	
				1	2	3 17.30-19.00 Yoga Level I 19.30-21.00 Yoga Level II 21.00-21.30 Stille Meditation	
4 19.30-21.00 Körpergeschichten	5 18.00–21.00 Yoga	6 18.00–19.00 Tai Chi Praxis 19.15-20.15 Tai Chi Form 20.30-22.00 Bauchtanz	7 09.15-10.15 Tai Chi Form 18.00-19.00 Tai Chi Teil 2 19.15-20.30 Tai Chi Praxis	8 19.30-21.00 Yoga	9	10 17.30-19.00 Yoga Level I 19.30-21.00 Yoga Level II 21.00-21.30 Stille Meditation	
11 19.30-21.00 Körpergeschichten	12 18.00–21.00 Yoga	13 18.00–19.00 Tai Chi Praxis 19.15-20.15 Tai Chi Form 20.30-22.00 Bauchtanz	14 09.15-10.15 Tai Chi Form 18.00-19.00 Tai Chi Teil 2 19.15-20.30 Tai Chi Praxis	15 19.30-21.00 Yoga	16	17 09.15-10.15 Tai Chi Tao Mas. 17.30-19.00 Yoga Level I 19.30-21.00 Yoga Level II 21.00-21.30 Stille Meditation	
18 19.30-21.00 Körpergeschichten	19 18.00–21.00 Yoga	20 18.00–19.00 Tai Chi Praxis 19.15-20.15 Tai Chi Form 20.30-22.00 Bauchtanz	21 09.15-10.15 Tai Chi Form 18.00-19.00 Tai Chi Teil 2 19.15-20.30 Tai Chi Praxis	22 19.30-21.00 Yoga	23	24 17.30-19.00 Yoga Level I 19.30-21.00 Yoga Level II 21.00-21.30 Stille Meditation	
25 19.30-21.00 Körpergeschichten	26 18.00–21.00 Yoga	27 18.00–19.00 Tai Chi Praxis 19.15-20.15 Tai Chi Form 20.30-22.00 Bauchtanz	28 09.15-10.15 Tai Chi Form 18.00-19.00 Tai Chi Teil 2 19.15-20.30 Tai Chi Praxis	29 19.30-21.00 Yoga	30 Beginn Herbstferien 30.09.2017 – 15.10.2017		

Oktober 31 Tage		Herbstferien Wettingen 30. September 2017 – 15. Oktober 2017					2017
Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag	
						1 17.30-19.00 Yoga Level I 19.30-21.00 Yoga Level II 21.00-21.30 Stille Meditation	
2 19.30-21.00 Körpergeschichten	3 18.00–21.00 Yoga	4 18.00–19.00 Tai Chi Praxis 19.15-20.15 Tai Chi Form 20.30-22.00 Bauchtanz	5 09.15-10.15 Tai Chi Form 18.00-19.00 Tai Chi Teil 2 19.15-20.30 Tai Chi Praxis	6 19.30-21.00 Yoga	7	8 17.30-19.00 Yoga Level I 19.30-21.00 Yoga Level II 21.00-21.30 Stille Meditation	
9 19.30-21.00 Körpergeschichten	10 18.00–21.00 Yoga	11 18.00–19.00 Tai Chi Praxis 19.15-20.15 Tai Chi Form 20.30-22.00 Bauchtanz	12 09.15-10.15 Tai Chi Form 18.00-19.00 Tai Chi Teil 2 19.15-20.30 Tai Chi Praxis	13 19.30-21.00 Yoga	14	15 Ende Herbstferien 30.09.2017 – 15.10.2017 09.15-10.15 Tai Chi Tao Mas. 17.30-19.00 Yoga Level I 19.30-21.00 Yoga Level II 21.00-21.30 Stille Meditation	
16 19.30-21.00 Körpergeschichten	17 18.00–21.00 Yoga	18 18.00–19.00 Tai Chi Praxis 19.15-20.15 Tai Chi Form 20.30-22.00 Bauchtanz	19 09.15-10.15 Tai Chi Form 18.00-19.00 Tai Chi Teil 2 19.15-20.30 Tai Chi Praxis	20 19.30-21.00 Yoga	21	22 17.30-19.00 Yoga Level I 19.30-21.00 Yoga Level II 21.00-21.30 Stille Meditation	
23 19.30-21.00 Körpergeschichten	24 18.00–21.00 Yoga	25 18.00–19.00 Tai Chi Praxis 19.15-20.15 Tai Chi Form 20.30-22.00 Bauchtanz	26 09.15-10.15 Tai Chi Form 18.00-19.00 Tai Chi Teil 2 19.15-20.30 Tai Chi Praxis	27 19.30-21.00 Yoga	28	29 17.30-19.00 Yoga Level I 19.30-21.00 Yoga Level II 21.00-21.30 Stille Meditation	
30 19.30-21.00 Körpergeschichten	31 18.00–21.00 Yoga						

November			30 Tage			2017		
Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag		
		1	2	3	4	5		
		18.00–19.00 Tai Chi Praxis 19.15-20.15 Tai Chi Form 20.30-22.00 Bauchtanz	09.15-10.15 Tai Chi Form 18.00-19.00 Tai Chi Teil 2 19.15-20.30 Tai Chi Praxis	19.30-21.00 Yoga		17.30-19.00 Yoga Level I 19.30-21.00 Yoga Level II 21.00-21.30 Stille Meditation		
6	7	8	9	10	11	12		
19.30-21.00 Körpergeschichten	18.00–21.00 Yoga	18.00–19.00 Tai Chi Praxis 19.15-20.15 Tai Chi Form 20.30-22.00 Bauchtanz	09.15-10.15 Tai Chi Form 18.00-19.00 Tai Chi Teil 2 19.15-20.30 Tai Chi Praxis	19.30-21.00 Yoga		09.15-10.15 Tai Chi Tao Mas. 17.30-19.00 Yoga Level I 19.30-21.00 Yoga Level II 21.00-21.30 Stille Meditation		
13	14	15	16	17	18	19		
19.30-21.00 Körpergeschichten	18.00–21.00 Yoga	18.00–19.00 Tai Chi Praxis 19.15-20.15 Tai Chi Form 20.30-22.00 Bauchtanz	09.15-10.15 Tai Chi Form 18.00-19.00 Tai Chi Teil 2 19.15-20.30 Tai Chi Praxis	19.30-21.00 Yoga		17.30-19.00 Yoga Level I 19.30-21.00 Yoga Level II 21.00-21.30 Stille Meditation		
20	21	22	23	24	25	26		
19.30-21.00 Körpergeschichten	18.00–21.00 Yoga	18.00–19.00 Tai Chi Praxis 19.15-20.15 Tai Chi Form 20.30-22.00 Bauchtanz	09.15-10.15 Tai Chi Form 18.00-19.00 Tai Chi Teil 2 19.15-20.30 Tai Chi Praxis	19.30-21.00 Yoga		17.30-19.00 Yoga Level I 19.30-21.00 Yoga Level II 21.00-21.30 Stille Meditation		
27	28	29	30					
19.30-21.00 Körpergeschichten	18.00–21.00 Yoga	18.00–19.00 Tai Chi Praxis 19.15-20.15 Tai Chi Form 20.30-22.00 Bauchtanz	09.15-10.15 Tai Chi Form 18.00-19.00 Tai Chi Teil 2 19.15-20.30 Tai Chi Praxis					

Dezember 31 Tage							2017
Weihnachtsferien Wettingen 23.12.2017 – 07.01.2018							
Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	Sonntag	
				1	2	3	
				19.30-21.00 Yoga		17.30-19.00 Yoga Level I 19.30-21.00 Yoga Level II 21.00-21.30 Stille Meditation	
4	5	6	7	8	9	10	
19.30-21.00 Körpergeschichten	18.00–21.00 Yoga	18.00–19.00 Tai Chi Praxis 19.15-20.15 Tai Chi Form 20.30-22.00 Bauchtanz	09.15-10.15 Tai Chi Form 18.00-19.00 Tai Chi Teil 2 19.15-20.30 Tai Chi Praxis	19.30-21.00 Yoga		09.15-10.15 Tai Chi Tao Mas. 17.30-19.00 Yoga Level I 19.30-21.00 Yoga Level II 21.00-21.30 Stille Meditation	
11	12	13	14	15	16	17	
19.30-21.00 Körpergeschichten	18.00–21.00 Yoga	18.00–19.00 Tai Chi Praxis 19.15-20.15 Tai Chi Form 20.30-22.00 Bauchtanz	09.15-10.15 Tai Chi Form 18.00-19.00 Tai Chi Teil 2 19.15-20.30 Tai Chi Praxis	19.30-21.00 Yoga		17.30-19.00 Yoga Level I 19.30-21.00 Yoga Level II 21.00-21.30 Stille Meditation	
18	19	20	21	22	23	24 Heiligabend	
19.30-21.00 Körpergeschichten	18.00–21.00 Yoga	18.00–19.00 Tai Chi Praxis 19.15-20.15 Tai Chi Form 20.30-22.00 Bauchtanz	09.15-10.15 Tai Chi Form 18.00-19.00 Tai Chi Teil 2 19.15-20.30 Tai Chi Praxis	19.30-21.00 Yoga		17.30-19.00 Yoga Level I 19.30-21.00 Yoga Level II 21.00-21.30 Stille Meditation	
25 Weihnachten	26 Weihnachten	27	28	29	30	31 Sylvester	
19.30-21.00 Körpergeschichten	18.00–21.00 Yoga	18.00–19.00 Tai Chi Praxis 19.15-20.15 Tai Chi Form 20.30-22.00 Bauchtanz	09.15-10.15 Tai Chi Form 18.00-19.00 Tai Chi Teil 2 19.15-20.30 Tai Chi Praxis	19.30-21.00 Yoga		17.30-19.00 Yoga Level I 19.30-21.00 Yoga Level II 21.00-21.30 Stille Meditation	
1 Januar 2018	2 Januar 2018	3 Januar 2018	4 Januar 2018	5 Januar 2018	6 Januar 2018	7 Januar 2018	